

# GROUP EXERCISE CLASS SCHEDULE

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
SPIN SANITY	YOGA FOR EVERY BODY	BODY SCULPT	YOGA FOR EVERY BODY	
12:05 – 12:50	12:05 – 12:50	12:05 – 12:50	12:05 – 12:50	



If you have questions or feedback, please contact [fitness@spfitness.ca](mailto:fitness@spfitness.ca) or 403-253-8677 ext. 108